






## Keep Your Car Parked & Get Around Another Way

High pollution levels are no longer a big city problem; they are affecting communities like the Greater Lansing area. The Tri-County area failed the EPA air quality standards, but you can help.

Just once or twice a week, try getting around another way.

-  Take the Bus
-  Carpool
-  Vanpool
-  Bike
-  Walk

You can save money and help to reduce traffic congestion and pollution.



To learn more, contact:  
Clean Commute Options  
(517) 393-RIDE  
Email: [cleancommute@cata.org](mailto:cleancommute@cata.org)

This event has been reviewed for the physical activity content and has been endorsed by the Governor's Council on Physical Fitness, Health and Sports. This does not reflect endorsement of the sponsoring organization or the products used.



Clean Commute Options is a program of the Capital Area Transportation Authority (CATA)  
Visit us at [www.cata.org](http://www.cata.org)



## Clean Commute Options

Tomorrow,  
leave home  
without it.

## What Is CATA Clean Commute Options?

CATA Clean Commute Options is a **free** program dedicated to educating the community about the alternatives to driving alone. Our goal is to encourage the community to participate in improving the Tri-County area's air quality. Information is available to help you choose commute alternatives such as taking the bus, walking, and biking. In addition, a free ride matching service is provided to those interested in forming car or vanpools.









# Ozone Can Affect You and Your Family's Health

Did you know that increased ozone levels can make it harder to breathe? The most vulnerable people can be your children, an elderly relative, and those who actively exercise or work outdoors. We must all help to improve our air quality before it causes further health issues within our community.

## Simple Steps!

You probably know that ozone caused by vehicles contributes to air pollution. But you may not know that a small change in the choices we make can have a big impact. For example:

-  Choose a different way to commute
-  Keep a well-maintained vehicle
-  Don't idle your engine
-  Fuel your vehicle after 5:00 p.m.
-  Don't top off your tank
-  Don't mow your lawn on Ozone Action Days

Together we can all contribute to a cleaner commute and a cleaner community.



## You Can Help

Ground-level ozone can be harmful to our community, but we can all help to prevent further health risks. So give your car a rest and try getting around another way.

Please fill out the application and help contribute to a cleaner commute and a cleaner community.

You may mail or fax your completed application to:

CATA Clean Commute Options  
4615 Tranter Street  
Lansing, MI 48910  
Phone: (517) 393-RIDE (7433)  
Fax: (517) 394-3733  
Email: [cleancommute@cata.org](mailto:cleancommute@cata.org)

## Application



To help clean the air in your community, choose clean commute options. Please fill out this application and more information will be sent to you about commute options.

### Your Information

\_\_\_\_\_  
Last Name

\_\_\_\_\_  
First Name

\_\_\_\_\_  
Home Address

\_\_\_\_\_  
City

\_\_\_\_\_  
Zip

\_\_\_\_\_  
Nearest Major Intersection

\_\_\_\_\_ and \_\_\_\_\_

### Destination

\_\_\_\_\_  
Name of Employer/School

\_\_\_\_\_  
Address

\_\_\_\_\_  
Dept/Bldg

\_\_\_\_\_  
City

\_\_\_\_\_  
Zip

\_\_\_\_\_  
Cross Street

\_\_\_\_\_ and \_\_\_\_\_

\_\_\_\_\_  
Contact Phone/Email

\_\_\_\_\_  
Signature

### Schedule

What days of the week do you work/attend school?  
(circle all that apply)

M T W T F S S

Work schedule \_\_\_\_\_ AM / PM to \_\_\_\_\_ AM / PM

What is your present method of commuting? (circle all that apply)

Drive Alone Carpool Vanpool Bus Walk Bike

Other \_\_\_\_\_

Are you interested in (check all that apply)

☐ Bus Information

☐ Biking Routes

☐ Carpooling ( ☐ Drive only ☐ Ride only ☐ Share the drive )

☐ Vanpooling ( ☐ Drive only ☐ Ride only ☐ Share the drive )

*It all adds up to cleaner air*